

FOOTBALL LEADERS

ONE TEAM
ONE FAMILY
ONE COMMUNITY



Session 1

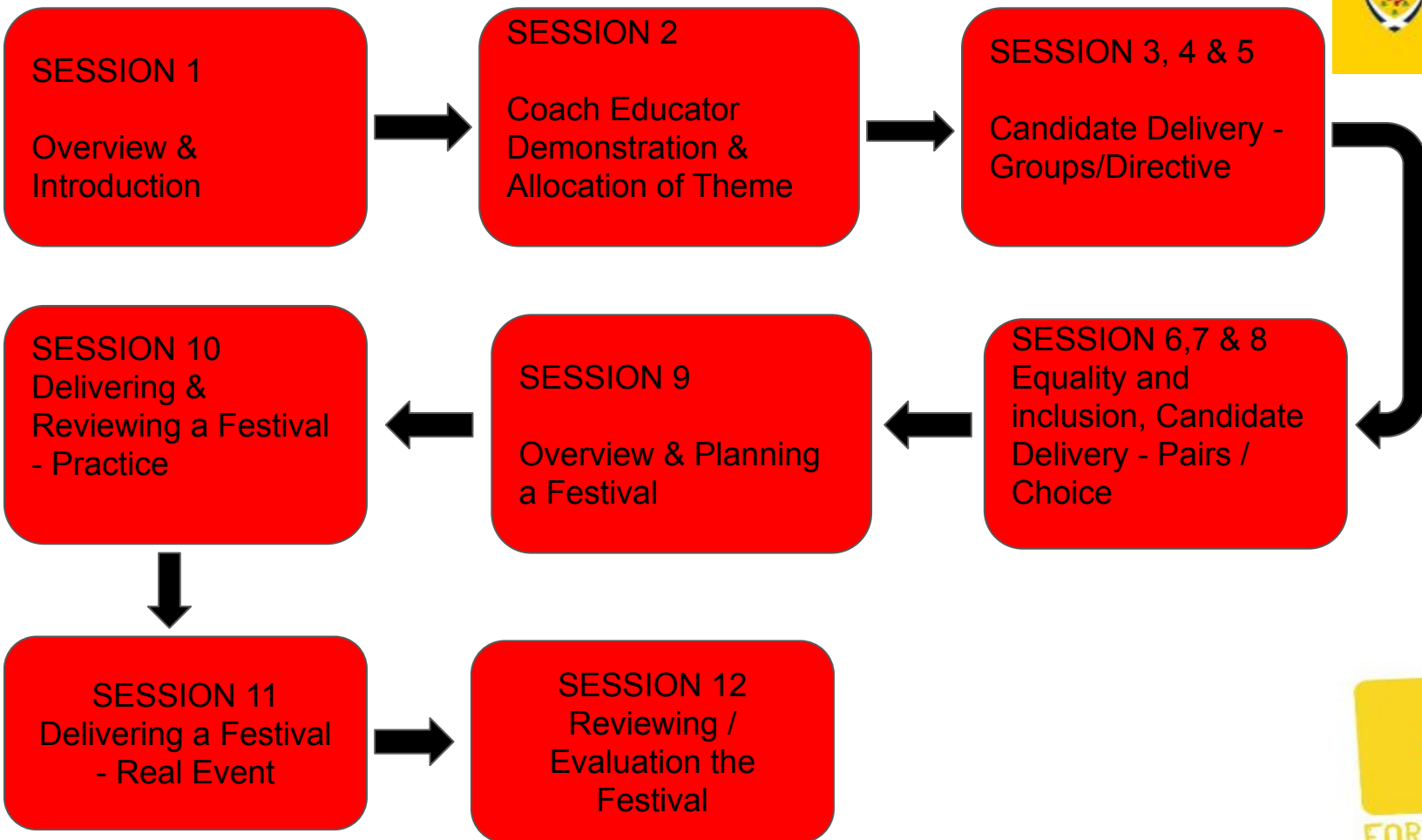


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of football

COURSE TIMETABLE



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PARTICIPATION AGREEMENT

- ☐ Behaviours & Standards
- ☒ Positive Learning environment
- ☐ Respect for ALL
- ☒ Maximum Engagement
- ☐ Three strikes and you're out approach!



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DATES

- ❑ Block 1 - Tuesday 22nd - 17th December 9 weeks
- ❑ Block 2 - Tuesday 14th Jan - 4th Feb (festival)
- ❑ Period 1+2
- ❑ Classroom and pitch sessions
- ❑ Be prepared for all weathers



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LESSON OBJECTIVES

- ❑ Getting to know each other
 - ❑ Introduction and overview of the course
 - ❑ Understanding the basics of facilitating a coaching session and a festival
 - ❑ Gain more social confidence
-
- ❑ TO ENJOY THE PROGRAMME!!



ICEBREAKER CHALLENGE



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- ❑ Without using verbal communication/talking to each other, Sort yourselves in a line from :

- Height (Tallest to shortest)
- Age (youngest to oldest)



ICEBREAKER

Rock Paper Scissors - World Cup

- ❑ Pair up - best out of 3 wins
- ❑ If you win you continue to play
- ❑ If you lose, you become a supporter of your opponent for their next match.

WHO WILL BE THE OVERALL WINNER!!??



SCOTTISH FA

Coach Education Vision :

Delivering a world - leading system that develops the Capacity and capabilities of our workforce, from Grassroots to the professional game.



MAIN (YOUTH/ADULT) PATHWAY

GOALKEEPING PATHWAY

CHILDREN'S PATHWAY

FUTSAL PATHWAY

DEGREE & SPECIALIST COURSES

TALENT ID PATHWAY

UEFA Pro Licence

UEFA Elite
Youth A Licence

UEFA A Licence

UEFA Goalkeeping
A Licence

UEFA
Youth B Licence

UEFA B Licence

UEFA Goalkeeping
B Licence

Advanced Children's
Coaching Licence

UEFA C Licence
(Youth/Adult Pathway)

UEFA C Licence
(Children's Pathway)

UEFA Grassroots Leader Award

Youth/Adult
Coaching Award

Goalkeeping
Coaching Award

Children's
Coaching Award

Futsal Coaching
Award

BSc (Hons.) Football
Coaching, Performance
& Development

Continuous
Professional
Development

Continuous
Coach Development

Performance
Analysis

Talent ID
Licence

Football Fitness
Licence

Talent ID
Award

First Aid E-Learning

Coach Educator
Award

Talent ID
Certificate

Football Unites
E-Learning

Early Years

Introduction
to Talent ID

Youth/Adult
Coaching Certificate

Goalkeeping
Coaching Certificate

Children's Coaching
Certificate

Futsal Coaching
Certificate

Introduction to Coaching

Children's Wellbeing in Scottish Football E-Learning

Mental Health In Scottish Football E-Learning



Course Purpose



Supporting and inspiring the next generation of grassroots coaches in an enjoyable and safe environment to learn and develop their skills and knowledge when facilitating football sessions and games.



ROBBIE MCMILLAN
COMMUNITY COACH

LEARNING OUTCOMES -

1. Young people's health, mental health and wellbeing improves and can make positive contributions to their communities and report they are more aware of the risks and impacts of harmful substance abuse.
2. Young people to gain knowledge and understanding on how to plan, deliver and evaluate when facilitating football sessions.
3. Young people develop leadership and organisational skills when planning, delivering and evaluating a football participation festival.
4. Young people participant in activity which improves their learning, employment, and employment options.



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SKILLS & KNOWLEDGE

- ❑ RESPECT
- ❑ COMMUNICATION
- ❑ LEADERSHIP
- ❑ PLANNING
- ❑ ORGANISATION
- ❑ WORKING WITH OTHERS
- ❑ HEALTH & WELLBEING



MAX BROWN
COMMUNITY COACH

GETTING TO KNOW EACH OTHER

CANDIDATE TASK

1. Name?
2. Age?
3. Favourite Team?
4. Football experience - player? Spectator?

- ❑ Pair up and answer the 4 questions and discuss.
- ❑ You will then introduce them to the wider group.



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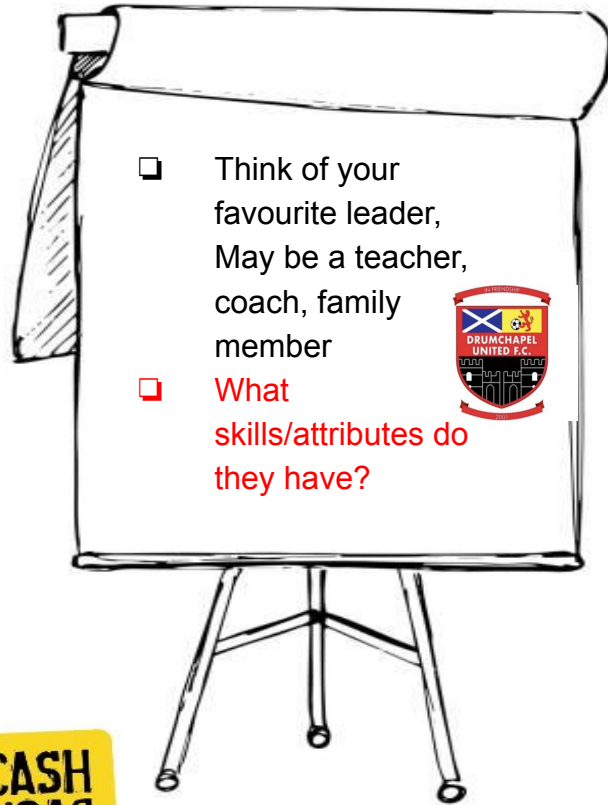
INTERACTIVE GROUP TASK

Rotating T-Chart

- ❑ 3 groups each with a brainstorming question/task
- ❑ 5mins at each flip chart
- ❑ Rotate flipcharts to allow group contribution on each question/task.

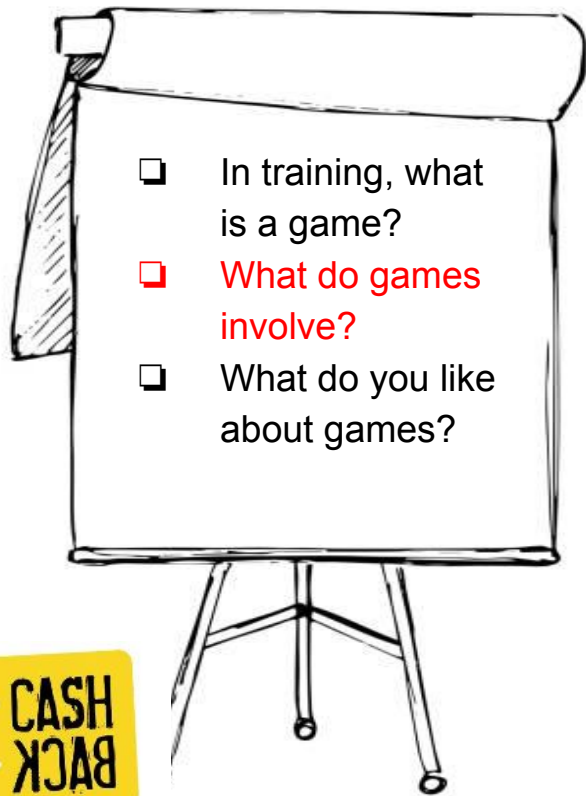


Group 1 - Leadership Attributes

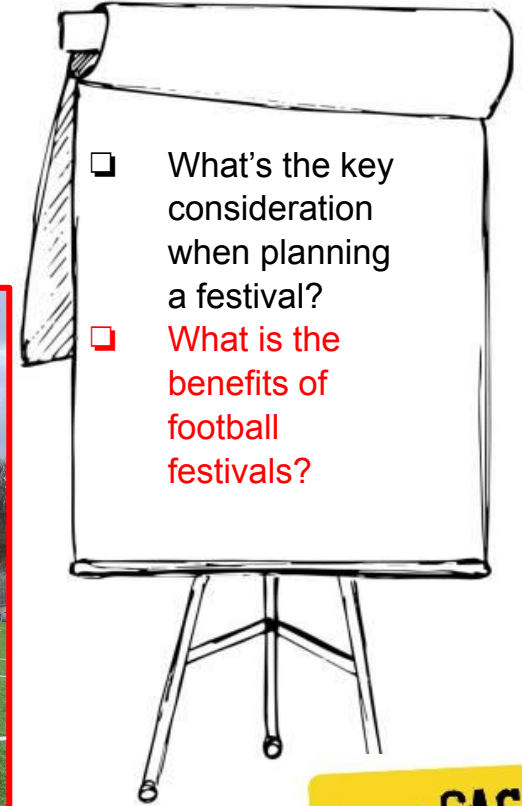


18:00

Group 2 - Game based approach



Group 3 - Planning a Festival



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Group 1 - Leadership Attributes

- ☐ Interesting
- ☒ Supportive
- ☐ Funny
- ☒ Enthusiastic
- ☐ Motivational
- ☒ Encouraging
- ☐ Knowledgeable
- ☒ Passionate



Group 2 - Game Based Approach



- ☐ Playing in Teams
- ☒ An Objective / Target / direction
- ☐ Fun/Enjoyable
- ☒ Friendly competition
- ☐ Goals!!
- ☒ High Energy
- ☐ Touches of the ball
- ☒ Learning and Development

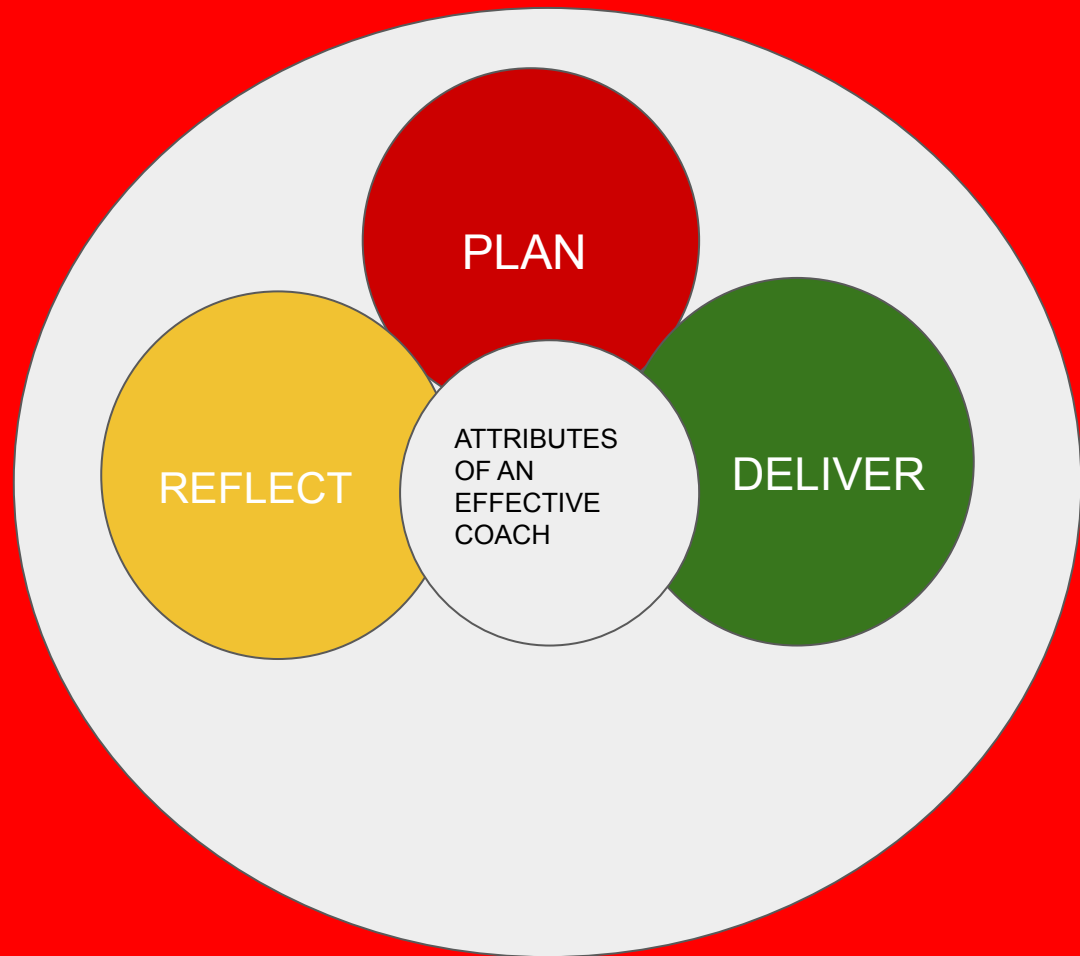


Group 3 - Planning a Festival

- ❑ Venue - Indoor - Outdoor, Space
- ❑ **Equipment**
- ❑ Participant Age & stage and numbers
- ❑ **Games format and structure**
- ❑ Loads of opportunities to play
- ❑ **Game based approach to L&D**
- ❑ Let Them Play!



OVERVIEW



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Session 2



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Demonstrations, Allocations of themes

On the astro we will go through a number of drills with different themes, Giving out ideas for delivery, speech and demonstration, all will link in with the end of year event to deliver to a chosen Primary school.

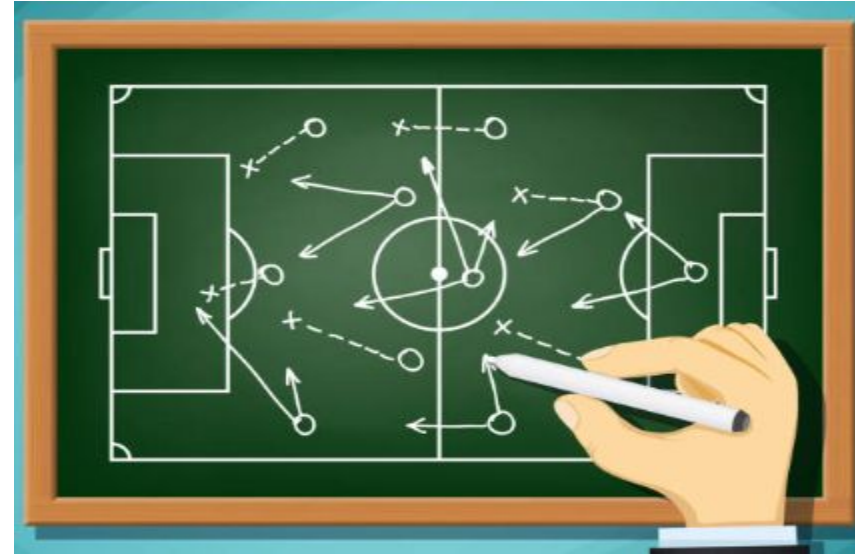
At the end of the session today you will be allocated groups to deliver 1 session from your workbook, For the next 3 weeks you all must work together to deliver to your classmates.



Lesson Outcomes

Learners will be able:

- ❑ To identify key attributes of a Football leader
- ❑ To discuss the planning stage of a festival
- ❑ To design an activity for an event



Lesson Outcomes

Delivery

Learners will be able:

- ❑ To delivery their activity to an event
- ❑ Review and feedback on Peer activity
- ❑ Revise activity and finalise plan for Event



Lesson Outcomes

Learners will be able:

- ❑ To recap the coaching process
- ❑ To discuss key takeaways from coaching practice delivery
- ❑ To identify key attributes of a Football Leader
- ❑ To lead a football activity event

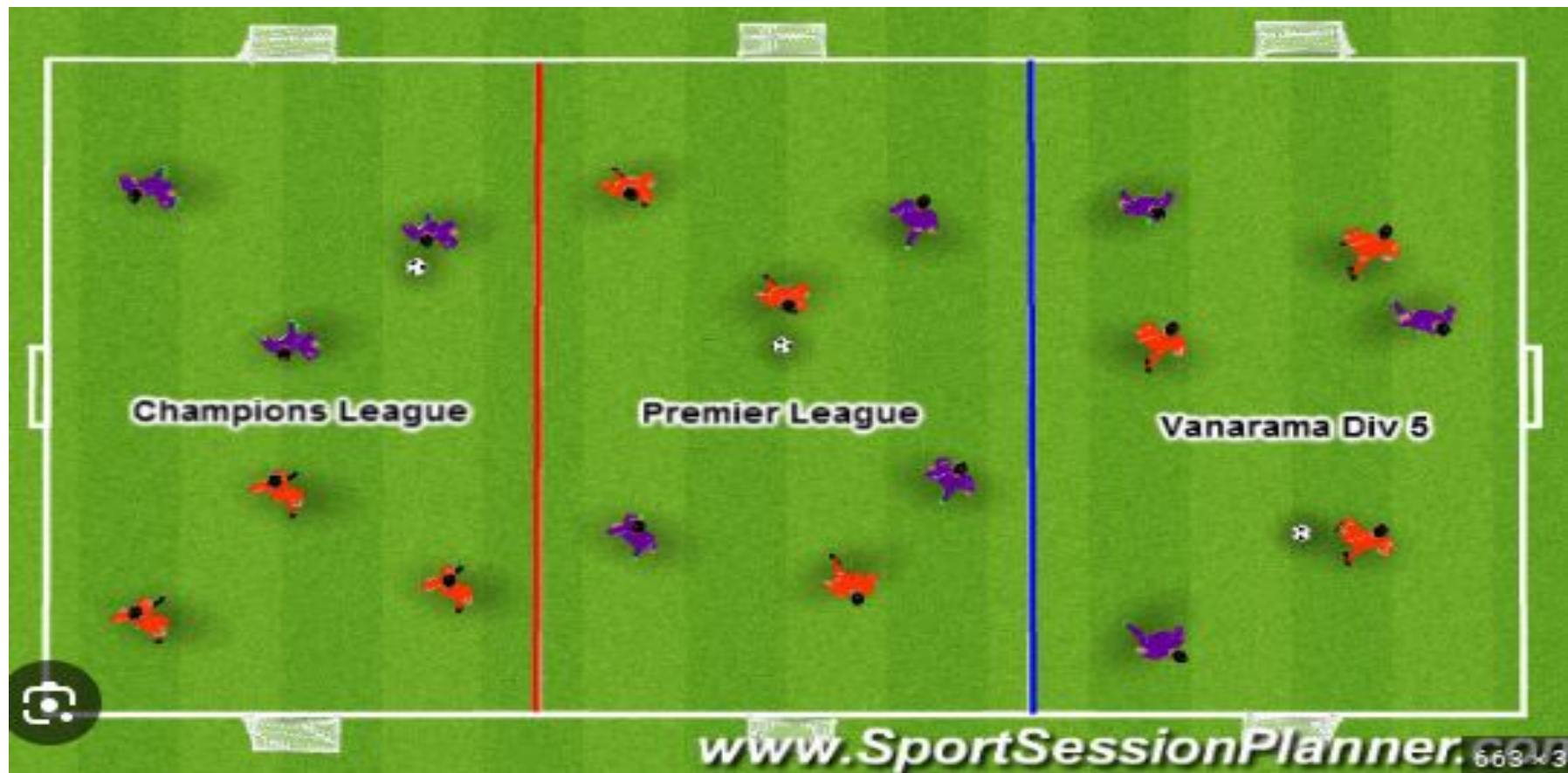


Key Points -

- ❑ Setup - (facility, bibs, cones, balls and area)
- ❑ Lead (challenges, Games)
- ❑ Review (reflect, - Win, learn and challenge)

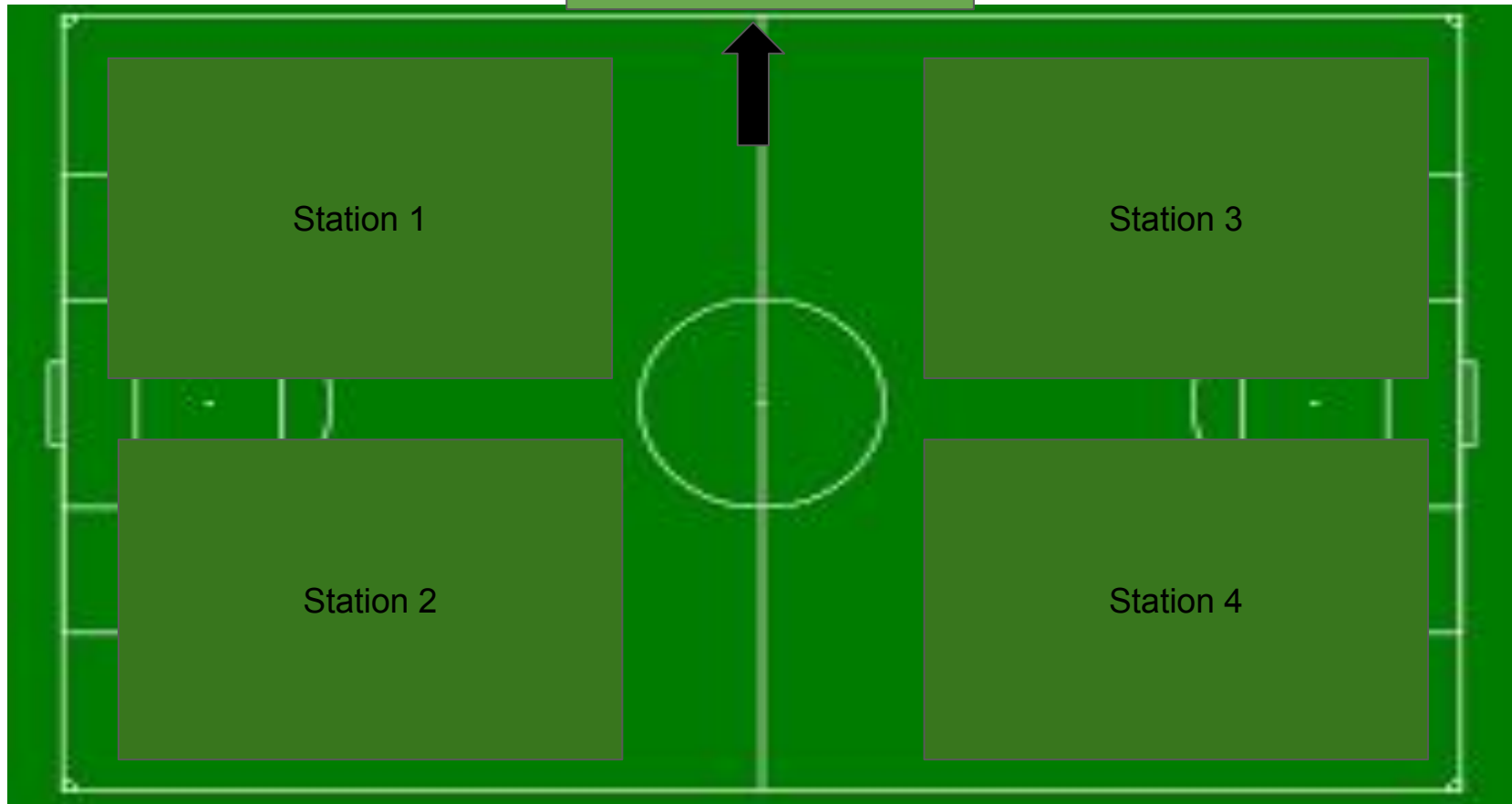


Example -



Example -

Pitch entrance and exit
+ toilets



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Session 6



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EQUALITY AND INCLUSION



UEFA.tv

A UEFA ORIGINAL DOCUMENTARY

OUTRAGED THE SERIES SEXISM

UEFA.tv

UEFA TV ORIGINAL DOCUMENTARY
SEXISM

A UEFA ORIGINAL DOCUMENTARY

OUTRAGED THE SERIES RACISM

<https://www.uefa.tv/playlist/11230>

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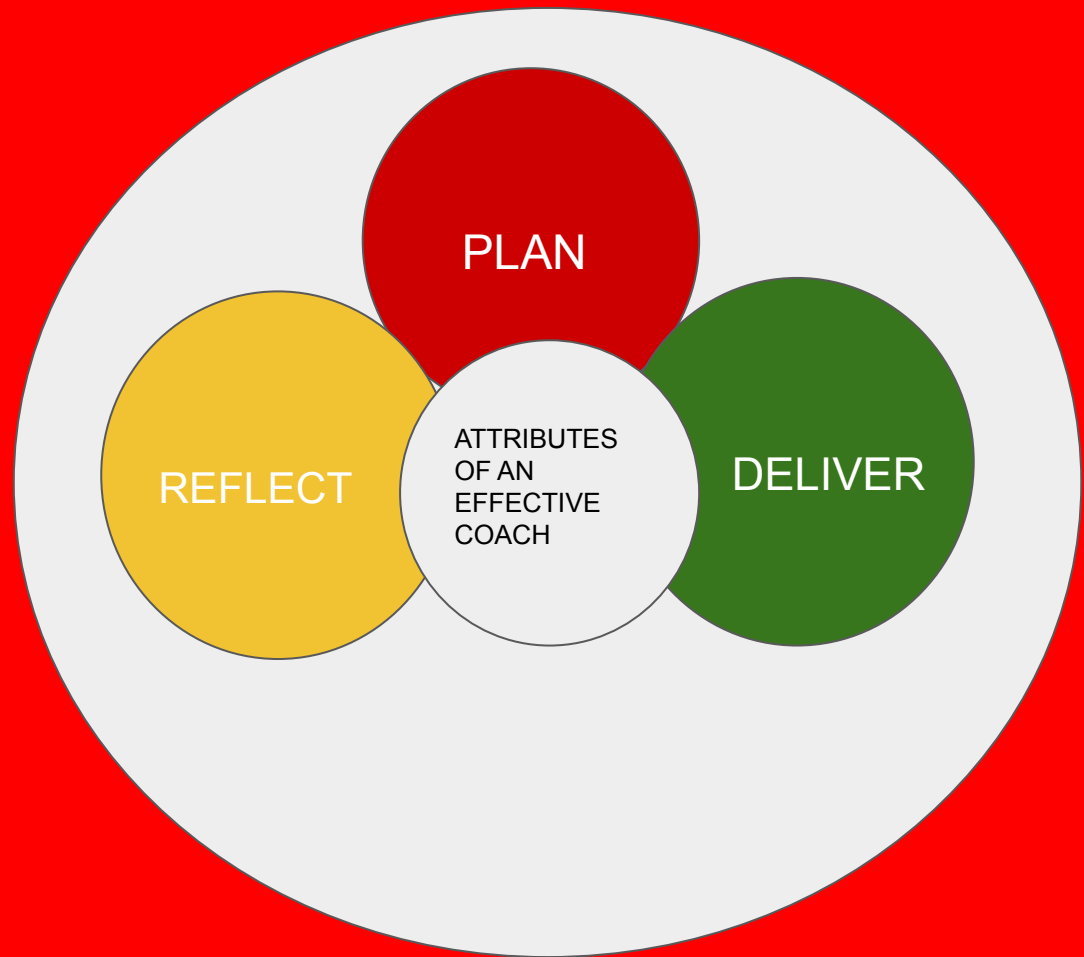


Session 9



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OVERVIEW AND PLANNING



Who is a Football Leader?

Discuss with the person next to you:

- ❑ Who do you see as a Football Leader?
- ❑ Why are they a good Football Leader?



What makes a good football Leader?

A portrait of Cara Roberts, a young woman with long reddish-brown hair, smiling and standing with her arms crossed. She is wearing a black zip-up jacket with a small crest on the left chest. To her left is the Drumchapel United F.C. crest, which features a shield with a blue and white saltire, a yellow field with a red lion and a soccer ball, and the text 'DRUMCHAPEL UNITED F.C.' and '2001'. The background is black with vertical red lines. Red lines connect the text labels to the portrait.

Organization

Passionate

Fun

Communication

Reliable

Delegation

Creative

CARA ROBERTS
COMMUNITY COACHING OFFICER

A yellow rectangular logo with a white left-pointing arrow and the text 'CASH BACK' in bold black letters, with 'FOR COMMUNITIES' in smaller yellow letters below it.

Planning stage - Group Task

Split into groups of 4 and discuss the following:

- ☐ Health and Safety
- ☐ Date and Time of Event
- ☐ Participants - Age, numbers
- ☐ Roles and Responsibilities
- ☐ Equipment



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Session 10



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Planning Stage - Group Task

In your groups, Design the following:

- ☐ What activity will take place at your session)
- ☐ How many participants (Minimum - Maximum)
- ☐ Timings
- ☐ Inclusive activities



Key Points for next week! - Dry Run through

REMEMBER!!!

- ❑ Your Setup (Cones,Bibs,Balls etc)
- ❑ *Lead (Challenges, Games)*
- ❑ Review (reflect - win, learn change)



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Session 12



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CERTIFICATION



CERTIFICATE OF ACHIEVEMENT **THIS CERTIFICATE IS PRESENTED TO**

In recognition for successfully completing the
Scottish FA Leaders Programme.



DATE:

End of Programme

Massive well done to you all for completing the course, If any of you wish to start coaching within the club or other clubs, speak to myself at the end and I can help you move that forward with any support I can.

Again a massive well done from all at Drumchapel United Football Club.

